

## Useful Personal Manifesto - 2020 / 21

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Most people want the same thing: to be healthy, happy and enjoy a desirable quality of life, even though we may sometimes disagree on how to achieve it.

Sadly, events happen that result in the erosion of our individual basic rights and freedoms and in the name of the collective public health. Such an event, gained momentum in early 2020 and barreled through into 2021.

The science was never settled (and still is not) - despite white coated protestations by the 'experts', and modelling proved to be significantly inaccurate drivers of public policy that soon saw millions around the world in 'lock down'. Two weeks to 'slow the spread' had morphed into an elaborate and ongoing systemic control of the people in a vain attempt to 'beat the virus' through lock downs, social distancing, mask wearing.

Sober minded scientists noted from the data and statistics that 'mitigation measures' that infringed severely on the economic and indeed physical and relational well-being of the population. The cure became worse than problem itself.

Unlike previous epidemics and pandemics healthy people were in effect considered to be potential 'asymptomatic' carriers and the media in true sensationalist fashion stoked fear among the unsuspecting.

As 2020 (and early 2021) unfolded, it became clear that government agencies, corporate and industrial entities and the media were cooperating to steer populations in the direction of desired public health policies. In the USA, the media, especially social media giants engaged in open censorship of many who simply voiced their concerns about the public health policy practices.

At the end of this manifesto you will find a sampling of websites to begin with that you may wish to explore. Do not accept the labelling differences of opinion as 'conspiracies' and 'misinformation'.

In the light of the guiding principle of 'informed consent' establish keys to your own convictions. Here are some to start with:

- **I do not consent** to the Government making undue overreaching decisions about my health and even economic viability (all businesses are 'essential'). Government officials are elected to serve, not control me. They are accountable to our constitutional processes (at least in the USA).
- **I do not consent** to living in a police state where undue force is used to ensure mask wearing, social distancing and other unscientific mitigation measures.
- **I do not consent** to the extreme censorship that is taking place on social media platforms toward doctors, scientists, and activists, who present and uphold valid data that challenges the 'official narrative' the media would have us believe.
- **I do not consent** to the unlimited tracking and tracing of citizens and misuse of any such data.

- **I do not consent** to politicians, or any public health officials, who are compromised by having a lucrative 'financial interest' in the Pharmaceutical Industry, making decisions about my health and wellbeing.
- **I do not consent** to the closing of small businesses while multi-million-dollar companies remain open.
- **I do not consent** to pejorative labels like 'anti-vaxxer', simply because there are concerns about medical products (so called vaccines ) which have not been fully tested over time.
- **I do not consent** to the idea that pharmaceuticals and vaccines are the ONLY way to prevent or heal from illness... the suppression of and indeed outright dismissal of measures like good nutrition, natural prevention, exercise, fresh air and historically safe therapies is highly questionable.
- **I do not consent** to the media only covering fraudulent and misleading 'case' counts, or grossly exaggerated death counts, when the survival rate is immensely higher. Fear cripples immunity, so why aren't we talking about the excellent (99.9%) recovery rates, successful treatments and therapies?

**I DO consent to:**

- Being a free and critical thinker and a lover of truth wherever it leads.
- Being an individual who cares about tomorrow... someone who understands the connection between the health of our planet and our own health.
- A caring person, who will never stop fighting injustice and tyranny... or questioning and condemning the lies and manipulation of anyone, including the Government and the Media.

We all come into this world with nothing and we'll leave with nothing... the bit in the middle is called LIFE... life is a precious gift from our Maker... none of us know how long that gift will last, so make the most of every second, every minute and every hour of every day... live, love, take chances, not orders... be kind, be tolerant and be happy... don't waste another second waiting for things to change... BE THE CHANGE YOU WANT TO SEE IN THE WORLD!

This is a stand we must take, for the sake of our freedom and the freedom of future generations and for our great country and the entire world.

## Resources:

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### Note:

Main Stream Media (MSM) are largely funded by 'Big Pharma' and the information you receive from them is largely 'filtered' and 'processed' by editors whose job security is dependent on toeing the 'corporate line'.

### Media Resources

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#### Viewpoints other than 'Legacy' (or mainstream) media

1. The New American:

<https://thenewamerican.com/bio-warfare-weaponization-of-medicine-amid-covid/>

2. 21stcenturywire

<https://21stcenturywire.com/2020/08/23/dr-lee-merritt-dismantling-the-official-lies-of-the-covid-crisis/>

3. Epoch Times:

<https://www.theepochtimes.com/>

4. Breitbart:

<https://www.breitbart.com/>

5. Gateway Pundit:

<https://www.thegatewaypundit.com/>

6. OAN:

<https://www.oann.com/>

7. Sky News Australia:

<https://www.skynews.com.au/>

### Advocacy Groups & Legal Defense

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#### Covid 19 related

1. Frontline Doctors

<https://www.americasfrontlinedoctors.com/>

2. The Great Barrington Declaration

(Re: The negative effects of lock downs)

<https://gbdeclaration.org/>

3. Kris Anne Hall – Constitutional Lawyer  
<https://krisannehall.com/>
4. Children’s Health Defense: Robert F Kennedy (Jnr)  
<https://childrenshealthdefense.org/>

## **Medical practices:**

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If you don’t take care of yourself, who will? Be informed.

1. The Truth About Vaccines – Ty & Charlene Bollinger  
<https://thetruthaboutvaccines.com/>
2. The Truth about Cancer - Ty & Charlene Bollinger  
<https://thetruthaboutcancer.com/>
3. Monumental Myths of the Modern Medical Mafia  
-Ty & Charlene Bollinger  
<https://www.amazon.com/Monumental-Medical-Mainstream-Multitude-Manufactured/dp/0978806573>
4. Highwire – Del Bigtree  
<https://thehighwire.com/>
5. Nuremburg Code re informed consent to medical experimentation:  
<https://www.encyclopedia.com/science/medical-magazines/nuremberg-code-establishes-principle-informed-consent>
6. National Vaccine Information Center:  
<https://www.nvic.org/NVIC-Vaccine-News/June-2017/why-informed-consent-to-vaccination-a-human-right.aspx>
7. Bill Gates and vaccines etc.  
<https://youtu.be/8alro6mjcsU>
8. Ivor Cummins (Irishman)  
<https://youtu.be/WzVnjgMBDVQ>  
  
[\(The Chinese Communist Party’s Global Lockdown Fraud | by The CCP's Global Lockdown Fraud | Medium](#)  
(Whole letter here)
9. Dr Scott Atlas –  
<https://pandemic.news/2020-12-29-scott-atlas-america-corruption-incompetence-fraud-covid19.html>
10. Scott Adams – Health Ranger  
<https://www.healthranger.com/index.asp>